



**I International Scientific Congress of  
Educational Projects for Seniors**

**I World Meeting of Third Age Universities**

**Atmosfera M, Rua Júlio Dinis, nº 158**

**Porto, 16th and 17th of February 2017 – [u3aworld.rutis.pt](http://u3aworld.rutis.pt)**

**Draft of the programme:**

**16th February**

**9.30h – Opening session**

RUTIS' President – Luis Jacob

Representative of the Montepio Foundation – Carlos Beato

Representative of the Municipality of Porto – Manuel Pizarro

Representative of the Porto4Ageing - Elísio Costa

President of the Portuguese Republic Professor Marcelo Rebelo de Sousa \*

**10.00h – 1st Panel – Senior Education in the world I**

10.00h – Luís Jacob, president of RUTIS. The Third Age Universities in Portugal and the world.

10.15h - Christine O'Kelly - Dublin City University (Ireland) - Age Friendly University

10.30h - Charles Afolabi – U3A Nigeria – Third Age Universities in Africa

10.45h – Cristiane Brasil – Federal Deputy in Brazil and member of the Parliamentary front for Active Ageing

11.00h – Break

**11.30h – 2nd Panel – Senior Education in the world II**

11.30h – Lisa Valeria – Coordinator of the Open University for the Third Age in Goiás (Brazil)

11.45h – Diana Spulber – University of Genova (Italy)

12.00h - Erik Selecky - University of the Third Age in Technical University Zvolen (Slovakia)

12.15 - Francisco Ascón Belver – University of Corunha (Spain)

**12.30h – 14.00h – Lunch**

**Simultaneous sessions: Auditorium B**

**14.00h – 3rd Panel – Senior Education in the world III**

14.00h – Maria Helena Antunes – Aidlearn, ForAge and Cinage

14.15h – Elísio Costa – Porto4Ageing consortium (European Centre for Excellence in Active and Healthy Aging)

14.30h – Cristina Cruz – Third Age University of Miranda do Corvo. Happiness in the Third Age Universities.

14.45h - Paula Sande - Galician Cultural Association of Permanent Training of Adults

15.00h - 15.45h – Break

#### **15.45h – 4th Panel – Senior Education in the world IV**

15.45h - Helder Fernandes – Health school of the Polytechnic Institute of Bragança. Gerontology education in Portugal.

16.00h – Jesús Montero – Campo Educativo de S. Alberto (Nóia-Galiza)

16.15h – Roberto Bastos de Oliveira Júnior (Brazil) – Open Universities for the Third Age

16.30h – Sandra Tavares - Senior Universities - Portuguese legal framework

#### **Auditorium B**

#### **14.00h – 5th Panel – Senior Education in the world V**

14.00h – Maria Natividade - The Preventive Physiotherapy and its actions for Maintaining the Elderly Person's Functional Capacity During the Orthopaedics Disease.

14.15h – José Maria Fernandez - Intergenerational relationship in the university program for seniors of the university of Vigo

14.30h – Rui Valdivieso, Cláudia Afonso, Luísa Álvares, Rita S Guerra, Ana S Sousa, Alejandro Santos, Pedro Moreira, Patrícia Padrão, Nuno Borges and Teresa F Amaral - Educational strategies towards older adults in the framework of “Nutrition up 65 project”

14.45h - Maria Joana Carvalho, Jorge Mota, Arnaldina Sampaio, Raquel Lima and Luís Marques “Mais ativos, mais vividos” - A Portuguese exercise program for older adults

15.00h - 15.45h – Break

#### **15.45h – 6th Panel – Senior Education in the world V**

15.45h - Joana Martins, Marco Freitas, Alexandra Nobre and Clara Oliveira: The Success of Science amongst the Elderly through Inclusion and Participation

16.00h – María Del Pilar García de La Torre and Francisco Ascón-Belver. Internationalization of a university programme for older adults: the senior university of a Coruña

16.15h – José Manuel Muñoz Rodríguez, Sara Serrate González and Ana Belén Navarro Prados – Design and implementation of a b-learning program in Adult Education within the Interuniversity Program of the Experience of the University of Salamanca

16.30h – João Cunha – Third Age University of Vinhais - ‘I Musical’ in the Third Age: *Orff-Schulwerk approach and emotions in music, movement and dance.*

16.45h – End of the day

19.00h – Social dinner and visit to the museum of discoveries. (Optional with reservation required)

## 17th February

### 9.30h – 7th Panel – Europe and the seniors

9.30h – Nuno Melo - Euro deputy

10.00h - Nuno Frazão – International consultant for social entrepreneurship

10.20h – Maria João Rodrigues – Euro deputy

10.50h – 11.30h – Break

### 11.30h – 8<sup>th</sup> Panel – Debate on the creation of the World Network of Educational Projects for Seniors

12.30h – 14.00h – Lunch

14.30h – Guided visit to the Ribeira and Porto Honour on the Vila Nova de Gaia's dock.

### Partners:



\* According to availability

### Informations:

#### Local:

Atmosfera M - Montepio

Rua Júlio Dinis, 158 - Porto

**Hotéis:**

**- HF Tuela Porto 3\***

Rua Arquitecto Marques da Silva 200, 4150-365 Porto

Single/Twin Standard – 58,00 € por noite / night

Email: [maria.henriques@hfhotels.com](mailto:maria.henriques@hfhotels.com)

Telemóvel/Mobile: +351 961 853 640

Telefone/Phone: +351 226194152

[www.hfhotels.com](http://www.hfhotels.com)

**- Hotel Dom Henrique**

Rua Guedes de Azevedo 179, 4049-009 Porto

Reservas / Reservations:

<http://rutis2017.hfhotels.com/>

- Single 70,00€
- Duplo 80,00€
- Superior 90,00€